

**Appendix A.** *High value care project details and instructions.*

Description of the competition including guidelines and submission requirements emailed to students interested in participating in the competition.

Equal Access Clinic Network (EACN) is a group of student-run clinics at UF that provide a wide range of medical services to underserved members of the community. In an effort to further EACN's mission to deliver high-quality, comprehensive, patient-centered care, UF's Choosing Wisely STARS (Students and Trainees Advocating for Resource Stewardship) program has worked with UFCOM administration to develop a High Value Care Competition to facilitate the development of innovative solutions to address unmet needs within the community and improve patient care at EACN. The mission of this competition is to facilitate the student-led efforts to improve our ability to serve and learn from our community through EACN.

**Prompt: Identify a systemic problem within EACN or the communities they serve and develop a plan implementing high-value care principles to address the unmet needs of EACN patients.**

**Applicants may work independently or in teams of up to four students. Students who participated last year are welcome to participate again, with the same or a new project idea!**

Below are some examples of projects or problems that are being worked on, have been implemented, or could be implemented if you choose to work on them. Prior initiatives can be analyzed for both challenges and successes, and then propose a project to improve upon it. However, don't feel limited - your creativity is welcomed. We highly encourage students to identify problems and projects not outlined below.

Previously implemented projects:

- a. Timely post-discharge follow-up by interns to ensure patients are able to obtain labs and prescriptions. Reminder calls about upcoming appointments.
- b. Uber Health provides transportation for patients to attend EACN appointments
- c. Reducing patient visit times.
- d. Addressing loss to follow up for mental health referrals.

Projects currently under work:

- e. Cutting down on lab costs and low value or unnecessary lab tests.
- f. Communicating lab results with patients for situations that do not require a separate in-person appointment. Improving access for the homeless population.

Identified problems or projects that have not yet been addressed:

- g. Undocumented patients or non-citizens are not eligible for WeCare referrals. Getting specialty care and services for these populations has always been a limitation.
- h. Developing an accessible and secure system for patients to access their own charts such as a patient portal.
- i. Creating a system for telemedicine appointments for patients for whom transportation is a significant barrier to care.
- j. Reducing costs without negatively impacting patient care.

### Proposal Requirements:

- Students must identify a population group in which to target, address and resolve the health disparity being presented using value-based care principles. (refer [here](#)\* for more information on value-based care)
- The health disparity addressed must follow the **SMART** Goal format
  - **Specific** - The disparity you are addressing is specific. (Who? What? Where? When? Why?)
  - **Measurable** - The proposal to address the disparity is measurable and the results can be tracked by objective evidence.
  - **Attainable** - The proposal is feasible based on current resources and funding obtained by the students involved in the project. Students should include an estimate of the resources (monetary and nonmonetary costs) needed to complete the project.
  - **Realistic** - Identify potential barriers to your proposal and potential solutions to overcome them for the project to be feasible and sustainable.
  - **Time-based** - A timeline for implementing the proposal must be included.

### Submission Guidelines:

- Create a powerpoint of no more than 10 slides that addresses the following:
  - An introduction to problem being addressed including relevant context and historical details
  - Why addressing this problem is important to the community and what population does it immediately affect
  - Potential benefits and projected outcomes that addressing this problem will have on the specified population
  - **SMART goals**
- Students should be prepared to present their project to a live audience using the powerpoint outlined above in a coherent and organized manner, while also having demonstrated mastery and expertise in the disparity they have chosen to resolve.

\*hyperlink to literature describing value in medicine

**Appendix B. Competition rubric.**

Rubric used by the panel of judges to assess projects

**Identify a systemic problem within EACN or the communities they serve and develop a plan implementing high-value care principles to address the unmet needs of EACN patients.**

The health disparity addressed must follow the SMART Goal format

**SPECIFIC** - The disparity you are addressing is specific. (Who? What? Where? When? Why?)

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

**MEASURABLE** - The proposal to address the disparity is measurable and the results can be tracked by objective evidence

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

**ATTAINABLE** - The proposal is feasible based on current resources and funding obtained by the students involved in the project. Students should include an estimate of the resources (monetary and nonmonetary costs) needed to complete the project.

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

**REALISTIC** - Identify potential barriers to your proposal and potential solutions to overcome them for the project to be feasible and sustainable.

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

**TIME-BASED** - A timeline for implementing the proposal must be included.

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

Create a Power Point (no more than 10 slides) that addresses the following

An introduction to problem being addressed including relevant context and historical details

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

Why addressing this problem is important to the community and what population does it immediately affect

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree

Potential benefits and projected outcomes that addressing this problem will have on the specified population

1                      2                      3                      4                      5  
Strongly Disagree                      Strongly Agree